

BLISSFIELD ADULT CO-ED VOLLEYBALL RULES

TEAMS/PLAYERS AND AGE REQUIREMENTS:

- TEAMS SHALL CONSIST OF A MINIMUM OF 6 PLAYERS. ALL TEAMS MUST HAVE AT LEAST TWO FEMALES ON THE COURT AT ALL TIMES AND A MINIMUM OF FOUR PLAYERS PRESENT TO BEGIN EACH MATCH.
- NO PLAYERS MAY BE ADDED TO TEAM ROSTERS AFTER THE FIRST GAME OF THE SEASON. (THIS AVOIDS STACKING TEAMS, PLAYERS NOT SIGNING WAIVERS, ETC.)
- ALL TEAMS SHALL BE REGISTERED AND ALL TEAM MEMBERS MUST HAVE A COMPLETED RELEASE OF LIABILITY WAIVER ON FILE PRIOR TO THE FIRST MATCH OF THE SEASON.
- ALL PLAYERS MUST BE 18 YEARS OF AGE OR OLDER UNLESS SPECIFICALLY APPROVED BY THE RECREATION DIRECTOR.
- SUBSTITUTIONS CAN BE MADE FOR ANY POSITION AT ANY TIME PLAY IS STOPPED.
- UNSPORTSMANLIKE CONDUCT----- TO BE DETERMINED BY THE SITE SUPERVISOR----- FOUL LANGUAGE, EXCESSIVE QUESTIONING OF THE OFFICIALS CALLS, FIGHTING, ETC. WILL NOT BE TOLERATED AND THE GUILTY PARTY WILL BE ASKED TO LEAVE THE PREMISES.

RULE 1 GENERAL:

- NET HEIGHTS EQUAL 7'11 5/8TH
- THE FOLLOWING ITEMS ARE NOT PERMITTED TO BE WORN: SHOES WITH SOLES THAT MARK THE FLOOR, BASEBALL CAPS, WATCHES, BRACELETS AND ANY ITEMS THE SUPERVISOR FEELS MAY BE A RISK TO THE PARTICIPANTS SAFETY.
- A TEAM MUST RETURN THE BALL WITH THREE OR FEWER CONTACTS. A BLOCK DOES NOT COUNT AS A CONTACT.
- A BALL HIT INTO THE NET, MAY BE RECOVERED PROVIDED THE PLAYER DOES NOT MAKE CONTACT WITH THE NET OR CROSS THE CENTERLINE.
- PLAYERS MAY NOT PLAY THE BALL IN SUCCESSION. (TWICE IN A ROW) EXCEPTION WOULD BE A BLOCK AND THEN A HIT.

- EACH TEAM MEMBER SHALL ROTATE CLOCKWISE DIRECTION AFTER A SIDEOUT IS CALLED.
- IF A PLAYER IS HIT BY THE BALL OR TOUCHED BY THE BALL IT'S CONSIDERED LEGAL CONTACT AND TO HAVE BEEN PLAYED.
- WHEN THE BALL HITS ON THE BOUNDARY LINE IT IS CONSIDERED TO BE IN THE COURT.
- IT IS LEGAL FOR PLAYERS TO RUN OUT OF BOUNDS TO PLAY A BALL BUT THE BALL MUST CROSS OVER THE TOP OF THE NET TO COUNT.
- THE CEILING ABOVE YOUR TEAMS FIELD OF PLAY REMAINS IN PLAY BUT A BALL HITTING THE CEILING AND THEN CROSSING THE NET OR HITTING THE CEILING ON THE OPPONENTS SIDE WILL BE RULED OUT.
- RAISED BASKETBALL BACKBOARDS ARE THE PLAYED THE SAME AS THE CEILING.

RULE 2 SERVING:

- THE FIRST SERVER OF THE GAME IS THE PLAYER IN THE RIGHT BACK POSITION. (STARTING TEAM WILL BE THE HOME TEAM LISTED ON THE SCHEDULE)
- EACH TEAM MEMBER SHALL SERVE IN TURN AND MAY HAVE ONE CHANCE TO HIT THE BALL OVER THE NET ON THE SERVE.
- THE BALL MAY BE SERVED OVERHAND, UNDERHAND OR SIDEARM AND MAY BE HIT IN ANY MANNER BY THE HAND.
- SERVERS CAN STEP ONTO THE COURT WHILE SERVING BUT MUST KEEP ONE FOOT ON THE REAR LINE.
- NET SERVES ARE LEGAL. THE BALL MAY TOUCH THE NET WHILE CROSSING.
- PLAYERS MAY SET THE SERVE; HOWEVER, BLOCKING OR ATTACKING A SERVE IS NOT PERMITTED.

RULE 3 FOULS/VIOLATIONS

- SERVING ILLEGALLY OR OUT OF TURN.
- TOUCHING THE NET TO INTERFERE OR REACHING UNDER THE NET TO INTERFERE WITH AN OPPONENT PLAYING THE BALL SHALL CONSTITUTE A SIDEOUT.
- CATCHING OR HOLDING THE BALL WHILE PLAYING IT.

- CONTACTING THE BALL WITH AN UNDERHAND MOTION WITH AN OPEN HAND(SLAPPING OR SCOOPING)
- FAILURE TO HIT THE BALL OVER THE NET WITH THREE OR FEWER CONTACTS.
- REACHING OVER THE NET TO BLOCK A SHOT.

RULE 4 TIMEKEEPING AND SCORING

- NO STANDINGS SHALL BE KEPT THROUGHOUT THE REGULAR SEASON BUT A DOUBLE ALL MATCHES WILL HAVE THREE GAMES AND MUST BE COMPLETED WITH IN THE 1 HOUR TIME FRAME. WHOEVER IS WINNING WHEN TIME IS CALLED BY THE SITE SUPERVISOR SHALL BE THE WINNER.
- ELIMINATION TOURNAMENT WILL BE HELD AT THE FINAL NIGHT OF THE SEASON.
- ALL GAMES WILL UTILIZE A RALLY SCORING POINTS SYSTEM TO TWENTY ONE. TEAMS MUST WIN BY TWO POINTS. RALLY SCORING MEANS THAT A POINT IS SCORED AFTER EVERY SERVE.
- NO GRACE PERIOD ON START TIMES. GAME TIME IS PLAYING TIME. PLEASE BE CONSIDERATE OF EVERYONE'S BUSY SCHEDULES AND BE PROMPT.
- TIMEOUTS---- ONE 30 SECOND PER TEAM, PER MATCH.
- SCORING WILL BE KEPT BY BOTH TEAMS COOPERATIVELY AND MUST BE CALLED OUT PRIOR TO EACH SERVE. IF A DISAGREEMENT OCCURS ON THE CURRENT SCORE, THE SITE SUPERVISOR WILL MAKE A DETERMINATION BEFORE THE BALL IS PLAYED. PLEASE REMEMBER THAT THIS LEAGUE IS DESIGNED TO BE FUN FOR ALL PARTICIPANTS AND SHOULD NOT BE TAKEN TOO SERIOUSLY.

ANY ADDITIONAL COMMENTS OR QUESTIONS CAN BE SENT TO BEN BROWN AT BLISSFIELDREC@HOTMAIL.COM OR BY PHONE AT 517-403-0845.